

DISCUSSION QUESTIONS

RACHEL DEALTO

Fall In Love....With You!

- What words would you use to describe yourself? How would your best friend describe you?
- How can you start to make yourself a priority?
- Can you think of someone in your life that is filled with self love?
How does it make them appear?
- What does “being fully seen” mean to you?
- What fears are holding you back from being vulnerable and seen?

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