

INTRODUCTION

RACHEL DeALTO

Feel free to leave your phones on and tweet during this program, but please take a moment and turn the ringer off. Thank you.

My name is _____. I am (leadership position or organization), and it's my pleasure to welcome you. This program is sponsored by (list organizations).

Our speaker today is Rachel DeAlto.

Rachel DeAlto is a communication and relationship expert, coach, hypnotherapist, media personality, and the author of the bestseller, *Flirt Fearlessly*. Rachel works one-on-one, as a consultant, and in workshop settings to help people develop goals and remove obstacles to create happier, healthier lives.

Rachel believes in the art of communication, and its inherent value in all aspects of your life. Rachel developed her communications expertise through her undergraduate degree from the S.I. Newhouse School of Public Communications at Syracuse University and later as a practicing trial attorney after receiving her Juris Doctorate at Seton Hall University School of Law.

Rachel has been featured on a variety of media outlets including: GMA, The TODAY Show, CNN/HLN, Access Hollywood, The Steve Harvey Show, Fox News, Cosmopolitan, and Glamour. Rachel is also a frequent TEDx speaker.

Rachel lives in New Jersey where she enjoys napping, laughing at her own jokes, Netflix binging, and yoga. She is a mom of two, but is still in denial that she's out of college.

Please welcome Rachel DeAlto.