

NATIONAL
MASCULINITY
WEEK

 **CAMPUSPEAK**



DAN FAIL



TIM MOUSSEAU



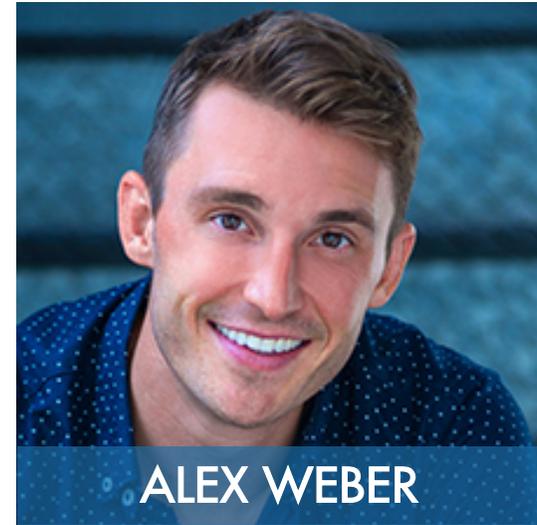
JAMES ROBILOTTA



JARED SAMPSON



JEREMY WALLACE



ALEX WEBER

Masculinity is a fairly new topic only really explored in-depth since the 1970s

Traditional behaviors and accepted norms of masculinity led to behaviors that *cause harm to the self or other*

From as early as age 7, **men are taught to stifle displays of emotions**, leading to difficulties in seeking out support from professionals or peers

**HEY MAN,
ARE YOU
OKAY?**

**HEY MAN,
THAT'S NOT
OKAY!**

Men often turn to drugs and alcohol as a means of coping with emotions.

Men are more likely to drive while under the influence of substances.

**DRUGS
AND
ALCOHOL**

Men often rely on alcohol to build and deepen their friendships.

Men are almost two times more likely to binge drink than women.

**HEY MAN,
ARE YOU
OKAY?**

**HEY MAN,
THAT'S NOT
OKAY!**

It is estimated that roughly 1 in 6 men will experience some form of sexual abuse in their lifetime.

90% of sexual assaults that occur, regardless of the gender of the survivor, men are the assailant.

It is estimated that roughly 6% of men will experience some form of sexual violence during their collegiate career.

**SEXUAL
VIOLENCE
PREVENTION**

Traditional concepts of masculinity are tied to higher levels of victim-blaming and normalization of sexual assault.

26% of gay men and 37% of bisexual men experience some form of sexual violence in their lifetime.

The use of derogatory (rape jokes and slurs) and violent language around sex are linked to higher complacency in incidents of sexual violence.

**HEY MAN,
ARE YOU
OKAY?**

**HEY MAN,
THAT'S NOT
OKAY!**

One third of men regularly feel lonely and are significantly less likely to seek out help.

Men often feel, and cause others to feel, shame about expressing their emotions.

**MENTAL
HEALTH**

Men account for 75% of suicides within the United States, and suicide is one of the three leading causes for men across most generations.

Men often wait until things reach the "worst-case scenario" before they seek out or offer support to our peers and friends.

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YOU: _____

WHO DO PEOPLE
EXPECT
YOU TO BE?

WHO DO PEOPLE
EXPECT
YOU TO BE?

WHO DO YOU
WANT TO BE?

WHO DO PEOPLE
EXPECT
YOU TO BE?

CREATE YOUR
BRIDGE

WHO DO YOU
WANT TO BE?

YOU:
TRANSFORMING

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FEAR

VS

VULNERABILITY

We crave *belonging* but
we run from *love*

What happens when men talk to each other?

(But like, actually talk to each other)

What keeps us [men]
from talking?

So how do we
reverse the trend?

“The *pressure for perfection* with **women** usually looks like them doing too much.

The *pressure for perfection* with **men** looks like them doing too little...”

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Sexuality/Sexual Orientation & Masculinity Are NOT The Same



Understanding the Difference

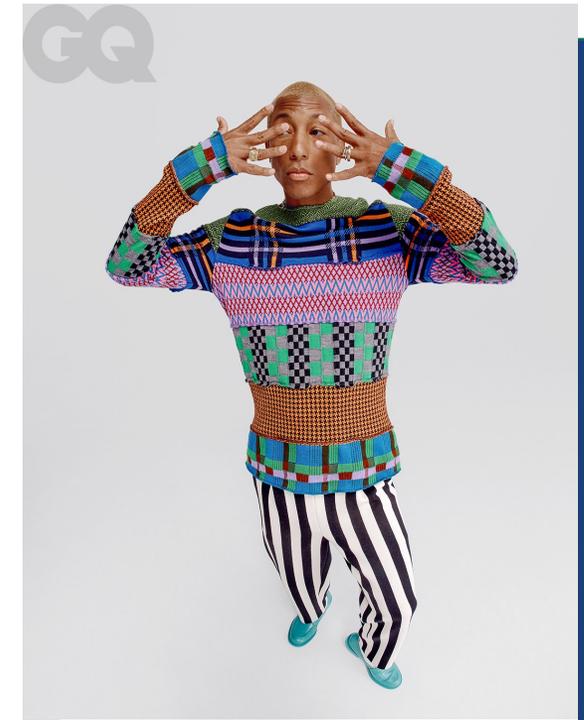
Unhealthy Restrictions on Men

At a young age we are told that there are things that makes a man a man. Much of what we are **taught about masculinity** is actually very damaging and often times adds to the issues men face when they do not identify as heterosexual.

Society often **emasculates men** who do not identify as straight and/or who do not display “masculine” behaviors.

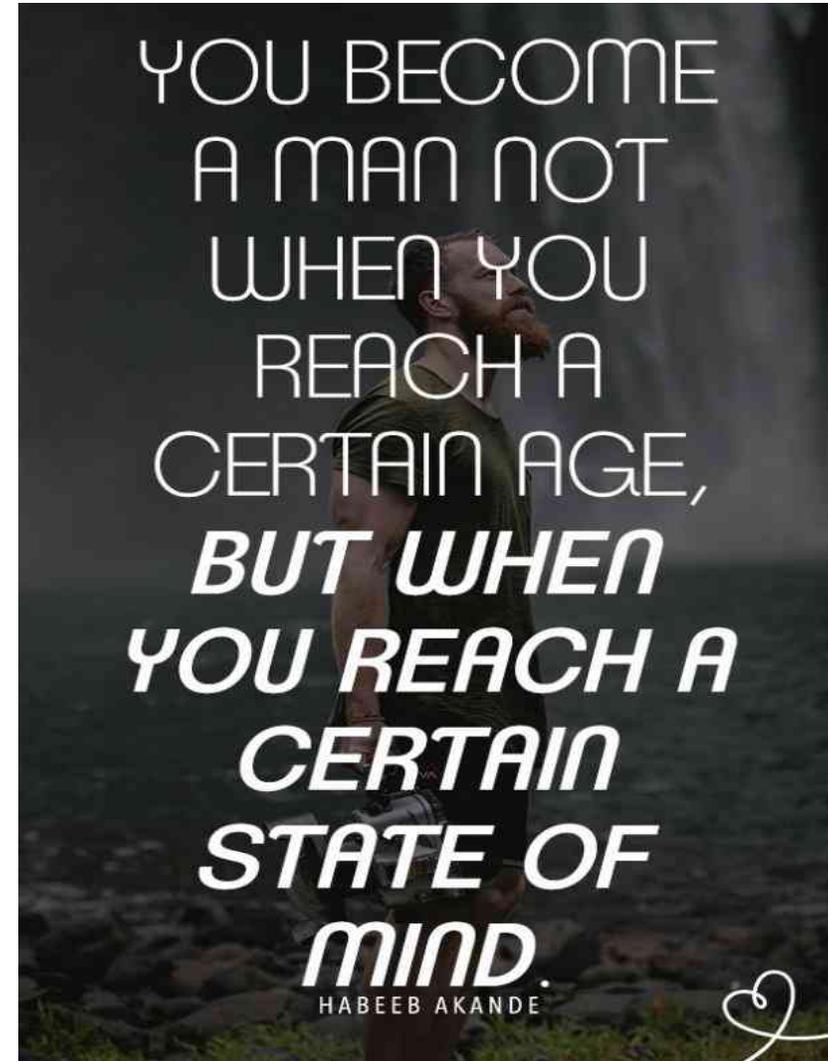


Recently Pharrell was featured on the cover of GQ as a part of their Masculinity Issue.



GQ: Something that's missing from the cultural conversation right now is the idea of a higher masculinity. I think a lot of men are under the false impression that they're being asked to bury or hide or be ashamed of their masculinity. But what we really need is to be in touch with the divine masculine inside ourselves. Which is the exact opposite of the toxic masculine.

Pharrell: I think the truest definition of masculinity is the essence of you that understands and respects that which isn't masculine.





The term that researchers use to describe the **dominant form of masculinity** at this time is known as Hegemonic Masculinity others have described as the "Man Box."

The term implies a rigid set of expectations, perceptions, and behaviors of what is "**manly**" behavior.

Men who do not perfectly fit the description of a "**real man.**" For gay men this can make it hard for them to live their truth and open up about their sexuality.

L
Lesbian
 A woman who is primarily attracted to women.

G
Gay
 A man who is primarily attracted to men. Sometimes a broader term for individuals primarily attracted to the same sex.

B
Bisexual
 An individual who is attracted to both men and women.

T
Transgender
 An individual whose gender identity differs from the sex assigned at birth.

T
Transgender
 An individual whose gender identity differs from the sex assigned at birth.

Q
Queer
 A process of exploring and discovering one's sexual orientation and gender identity.

I
Intersex
 An individual whose sexual anatomy or chromosomes do not fit the typical binary definition of male or female.

A
Ally
 Typically a non-queer person who supports and advocates for the queer community; an individual who is not a member of the LGBTQ+ community.

A
Asexual
 An individual who generally does not feel sexual desire or attraction to any group of people. It is not the same as celibacy and has many sub-groups.

P
Pansexual
 A person who experiences sexual, romantic, physical and/or spiritual attraction to members of all gender identities/expressions, not just people who fit into the standard gender binary.

“

All young people, regardless of sexual orientation or identity, deserve a safe and supportive environment in which to achieve their full potential

Harvey Milk



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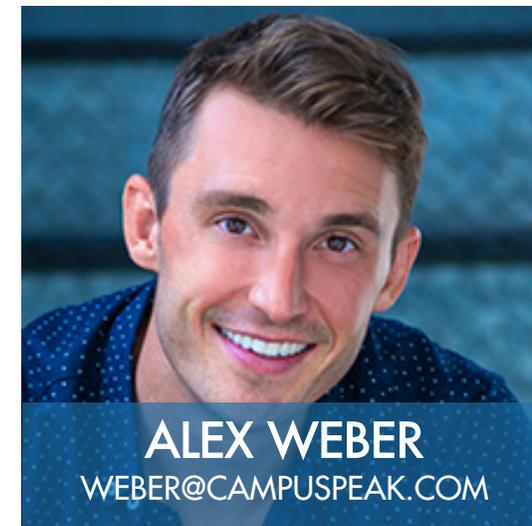
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MASCULINITY
VS
GENDER EXPRESSION

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QUESTIONS & ANSWERS



OR CONTACT INFO@CAMPUSPEAK.COM