

INTRODUCTION

LESLIE NWOKE

At this time, please place your phones on silent. Thank you.

My name is _____ (your name).

I am (leadership position or organization), and it's my pleasure to welcome you. This program is sponsored by (list organizations). Our speaker today is Dr. Leslie Nwoke (pronounced Ne-woke-ee).

Dr. Leslie Nwoke is a physician and executive coach. She is also the founder and CEO of HeartWork Now, the online learning and personal development platform.

Dr. Leslie has a diverse background in medicine, global health, and nonprofit leadership. As a physician, she's cared for patients with psychiatric disorders, providing medical management and therapeutic interventions. She co-founded The Ruby Project, a nonprofit offering mentorship for girls who have experienced trauma, and Making Noise, Inc., an advocacy organization for African sex trafficking survivors. She has provided health education and trauma rehabilitation programming for trafficking survivors in Ethiopia and Italy. In 2017, she was selected as a StartingBloc Social Innovations Fellow, joining a premier group of innovators and leaders.

Most importantly, Dr. Leslie believes embracing our emotions is the path to living in our purpose.

Please join me in welcoming Dr. Leslie Nwoke.