

ELAINE PENN BIO

Elaine Penn, M.Ed. is motivational speaker, executive coach, retreat/workshop leader, singer-songwriter and Conference Producer who inspires audiences worldwide. Working as a trusted adviser for university leaders, business executives, entrepreneurs and organizations, Elaine helps people unlock their potential to be their best selves. She has been a featured speaker on thousands of university and college campuses throughout the United States.

Elaine's focus is on success AND personal growth. She offers world-class keynote addresses, coaching programs, courses, retreats, and music to transform your life and work. Her programs include topics, such as: Knowing Your Mission, Leadership, Diversity/Inclusion, Wellness/Stress Management, Living an Unlimited Life, Engagement, Team building, Strategic Visioning and Developing a Coaching Culture. She provides "in person" and virtual programs for university administrators, staff, faculty and students; and, business professionals.

A former executive in higher-education, Elaine has held several University, leadership positions, including: Director of Special Projects (Office of the Chancellor), Development Director (University Advancement), Chief Fundraiser and Executive Producer of 5 award winning television documentary projects about the environment (Office of the Chancellor), Director of Campus Recreation (Division of Student Affairs), Division I Volleyball Coach (University Athletics).

As a singer-songwriter, Elaine has co-created 3 CD's of original music that inspire you to achieve your dreams and overcome perceived limitations. Growing up in her family's jazz band, she has been singing professionally most of her life. Today, Elaine performs her original music (pop/folk), as well as sings jazz with several bands. She weaves her music through her keynote talks, workshops, retreats and courses. Her music has won several awards with emPower Music & Arts.

Elaine has also developed and facilitated city-wide leadership programs for Chamber of Commerces throughout the country. In these programs, University, Corporate, Government, Non-profit and Small Business leaders come together over the course of a year to develop, refine and expand their leadership skills.

An avid believer in caring for the mind, body, spirit, Elaine teaches visioning, meditation, affirmations, healthy eating and sound therapy for enhancing your wellbeing AND lowering stress. She has been on a personal development quest for 30 years, studying positive psychology, spirituality and human potential. A Certified Sound Therapist, she offers workshops and courses on wellness for your mental, physical and spiritual health.

Elaine received her bachelor's degree from Greensboro College and her master's degree from the University of North Carolina at Wilmington. While at Greensboro, she received numerous athletic honors, including All-American in Basketball and All-Conference in

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Volleyball. In recognition of her achievements in basketball, her jersey was retired. She was inducted into the Greensboro College Sports Hall of Fame in 1996.

Elaine has learned many powerful lessons through her professional journey. For one, gratitude is the game changer in life, because what we focus on expands. We are surrounded by infinite possibilities, but we have to shift our consciousness to see them. When we do, we can achieve extraordinary abundance, happiness and health!

Elaine's clients have included: University and Colleges, Major Corporations, Businesses, Government Agencies, Non-profit Organizations, The National Collegiate Athletic Association (NCAA), The National Association of Collegiate Women Athletic Administrators (NAQWA), University Athletic Conferences, Student Affairs Administrators in Higher Education (NASPA), Association for the Promotion of Campus Activities (APCA), University Student Affairs Departments, University Advancement Departments, University Human Resources Departments, University Student Associations, University Student Organizations and Groups, National and State-wide Parks and Recreation Conferences, and Women Administrators in Parks and Recreation (LeadHerShip). She has worked with: Corporate CEO's, University Chancellors/Presidents, University Vice Chancellors/Vice Presidents, University Athletic Directors, University Student Affairs Directors and Professionals, Corporate Presidents, Corporate Vice Presidents, Directors, Managers, City Managers, Government Leaders, (including the head of the GSA and Chief Probation Officer for the Federal Government), Entrepreneurs, Consultants and Coaches, Parks and Recreation Directors, Spiritual Leaders, and Individuals interested in personal, professional and spiritual transformation.

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